



UNIVERSITY OF AMSTERDAM
Institute for Advanced Study

Complex systems approach to psychology

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Psychological Methods

Institute for Advanced Study

UvA

¹Thanks to many great co-authors in many years

The human mind is (the ultimate) complex system

- Brain: 100 billion neurons, thousands of connections
- Embedded in very complex embedded social systems
- We are studying *developing* complex systems

- Extremely difficult & extremely important

- Our mission: apply formal models & methods from complex system research in the social sciences

Psychology (social sciences)

- No equations
 - A few nice exceptions: Murray & Gottman model of marriage, Helbing model of panic, neural models of reaction time
- But humans are complex, instable, nonlinear etc.
- How to proceed?
 - Metaphorical
 - Qualitative analysis
 - Statistical approach
 - 'Toy' mathematical models
 - *Transitions*
 - *Network approach*

Simple models do (sometimes) well

Fields of applications

- Insight
 - Cognitive development, Math Garden
- Addiction
 - Recreational use as a stable intermediate state
- Intelligence
 - Growing networks of knowledge
- Depression
 - Relapse
- Crime
 - Alternative stable states & legalization
- **Attitudes (polarization)**

Math Garden



- In order to collect high frequent time series for complex system analysis
- Webbased adaptive training and monitoring
- Spin-off Oefenweb (15 fte)
- 2000 schools

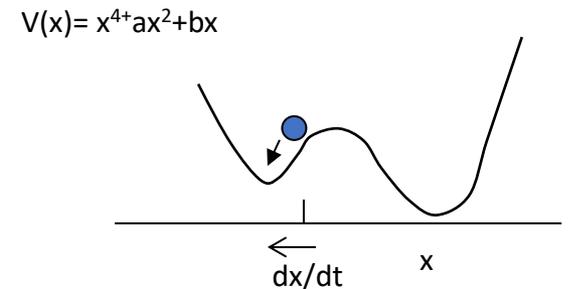
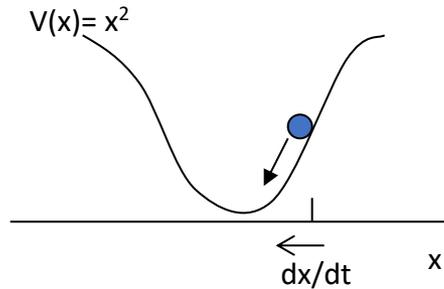
Transitions

Piagetian conservation task

- Cognitive structures
- Equilibration theory
 - Disequilibrium
 - Transitions
- How to test for transitions?
- What is a transition?
 - Ad hoc definition

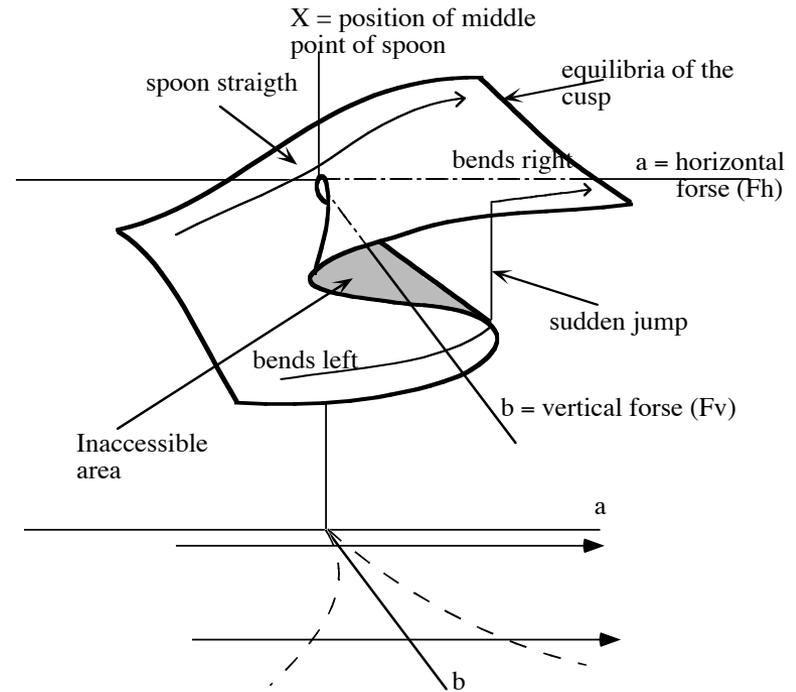
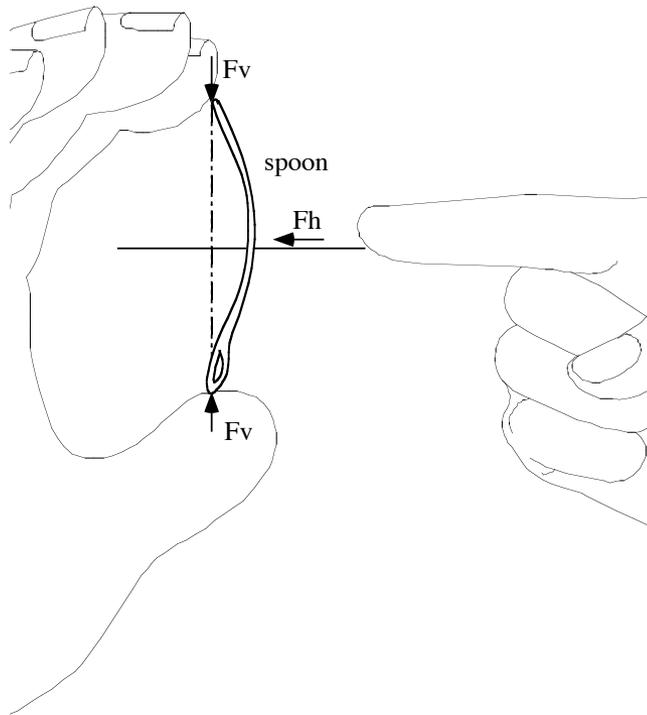
Bifurcation: degenerate critical points

$$\frac{dx}{dt} = -V'(x;c)$$



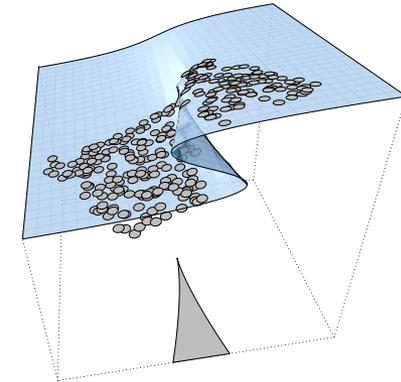
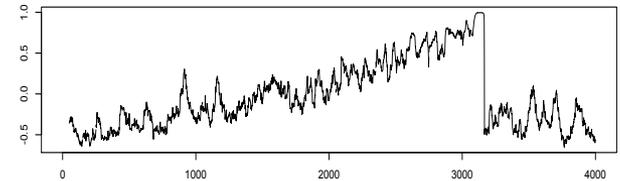
- Change in x over time is defined by the shape of potential function
- Critical point if first derivative is zero
- Degenerate if first and second derivative are zero (compare x^2 with x^3 or x^4)
- Phase transitions
- Catastrophe theory: cusp

My favorite model

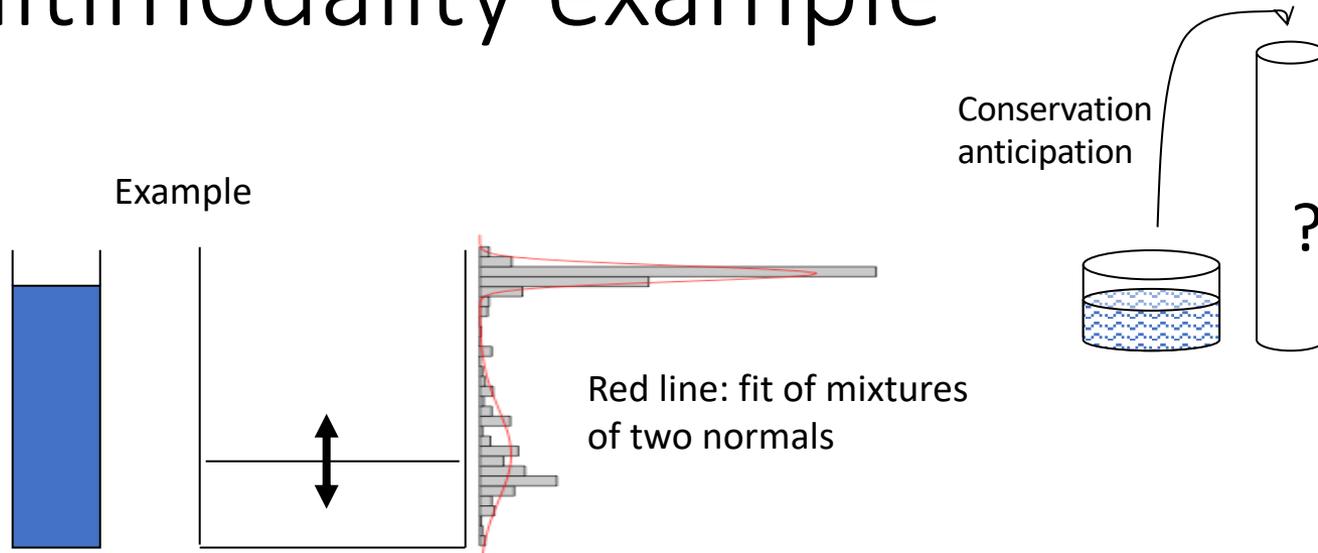


(Statistical) methodology

- Catastrophe flags (necessary/sufficient criteria for transitions; early warnings)
 - van de Leemput et al. (2014). PNAS, 11, 87-92
- Hidden Markov models
 - J. of Exp. Child Psy., 111(4), 644-662.
- Threshold autoregressive models
 - Hamaker, Zhang & Van der Maas, (2009). Psychometrika, 74(4), 727-745.
- Latent class analysis & finite mixtures
 - Jansen & van der Maas, H.L.J. (1997). Developmental Review, 17, 321-357
- Fitting the cusp catastrophe to data (R package cusp)
 - Grasman, et al.(2009) J. of Stat. Softw., 32(8), 1-27.



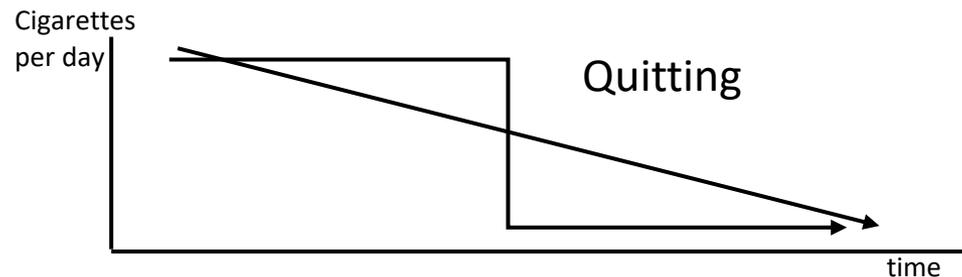
Multimodality example



Conclusion: two different classes, indicating a phase transition

Dolan, C.V., & van der Maas, H.L.J. (1998). Fitting multivariate normal finite mixtures subject to structural equation modeling. *Psychometrika*, 63, 227-253

Other examples



Ploeger, A., van der Maas, H. L. J., & Hartelman, P. A. I. (2002). Stochastic catastrophe analysis of switches in the perception of apparent motion. *Psychonomic Bulletin and Review*, 9(1), 26-42

Grasman, J., Grasman, R. P., & van der Maas, H. L. (2016). The Dynamics of Addiction: Craving versus Self-Control. *PLoS One*, 11(6), e0158323.

Attitudes & polarization

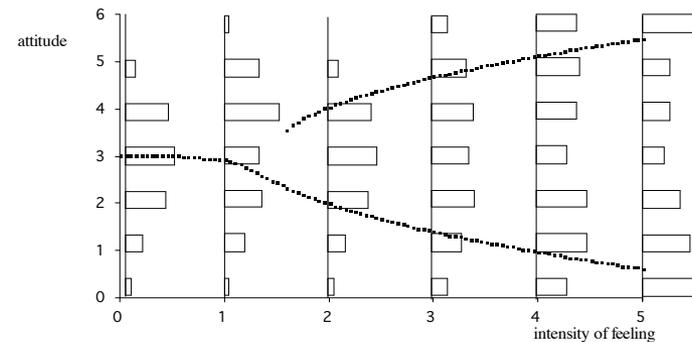
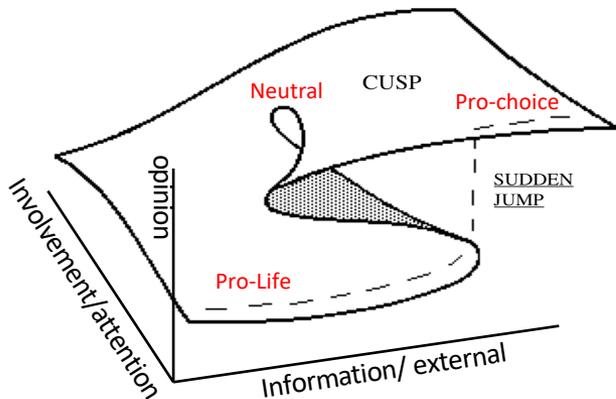
The Psychology of Attitudes

”The most distinctive and indispensable concept in contemporary social psychology.”

- Affective, behavioral, and cognitive components
- Achieve basic goals
 - meaningful, structured environment, reinforce self-image, ego-defensive
- Explicit (self-report) and implicit measures (Implicit attitude test)
- Attitude ambivalence, inconsistency, dissonance, etc.
- Resistance to persuasion

- Many (verbal) theories, insights and phenomena
 - theory of planned behavior, the elaboration likelihood model, the heuristic-systematic model, cognitive dissonance theory, and social judgment theory

Bistability and divergence: attitude towards abortion



van der Maas, H.L.J., Kolstein, R., & van der Pligt, J. (2003). [Sudden jumps in attitudes](#). *Sociological methods & research*, 32(2), 125-152

- High involvement/attention = jumps, bimodality & hysteresis
- Persuasion requires low involvement/attention

Disadvantage: cusp is postulated as model, not derived from micromodel of attitudes

Polarization

- Extremely relevant topic (politics, vaccination, climate, etc.)
- Attitude polarization is *both a between and a within* person phenomenon
- Within person:
 - (Social) psychology
- Between persons:
 - Sociology, political science
 - Statistical physics, computer science
- Challenge: combining both levels of study

Between person perspective

- **Statistical physics of social dynamics** (Castellano, C., Fortunato, S., & Loreto, V., 2009)
 - Sociophysics
 - Opinion networks (opinions, memes, language, voting, etc.)
 - Very large number of models
- Assumptions on:
 - Opinion (*discrete, continuous*)
 - Interactions between agent (exchange of opinions)
 - Topology (simple CA, scale free social networks)
 - ...
- One option: Ising model

Elementary Ising opinion model

e.g. Galam (1997). Rational group decision making: A random field Ising model at $T = 0$, Physica A 238, 66–80.

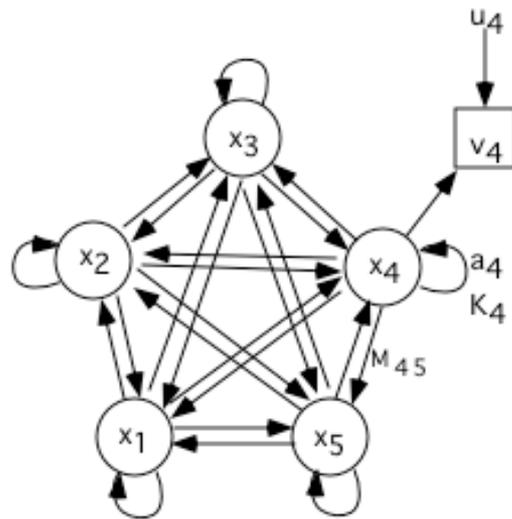
- Spins = agents
- Discrete opinions $-1,1$
- Topology: 2d CA (8 neighbors)
- External (social) field
- Interactions un-weighted $(0,1)$

- Hundreds of variations & extensions!
- But agent model often extremely simple $(-1,1)$

- Richer agent model using the Ising model within persons

Networks

Cognition/Intelligence



Positive reciprocal interaction during cognitive development

$$\frac{dx_i}{dt} = a_i x_i (1 - x_i / K_i) + a_i \sum_{\substack{j=1 \\ j \neq i}}^n M_{ij} x_j x_i / K_i$$

van der Maas, H. L. J., Dolan, C. V., Grasman, R. P. P. P., Wicherts, J. M., Huizenga, H. M. & Raijmakers, M. E. J. A dynamical model of general intelligence: the positive manifold of intelligence by mutualism. *Psychological Review*, 113(4), 842-861.

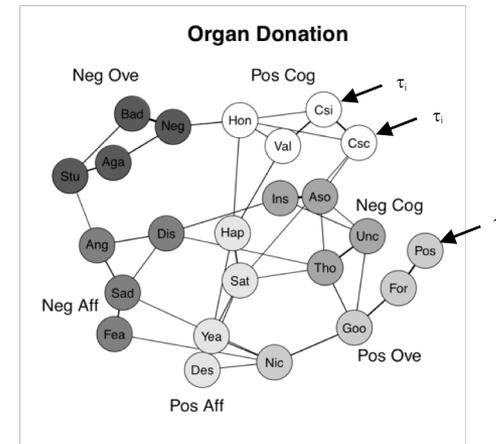
Psychological disorders

Denny Borsboom

Symptom networks as alternative for the classic 'disease' view of a underlying common cause

Within person approach: Ising attitude model

- **Nodes X:** Attitude elements (beliefs, feelings, behaviors)
- **Edges ω :** interactions
- **Thresholds τ :** dispositions of evaluative reactions based on external information



Assumption 1: Nodes (representing the attitude elements) are binary of nature
reasonable when nodes are defined at a low level of description

Assumption 2: Interactions between nodes are symmetrical (undirected)
as long as they are mostly positive, directed edges are allowed

Assumption 3: Nodes have thresholds

Dalege, J., Borsboom, D., van Harreveld, F., van den Berg, H., Conner, M., & van der Maas, H. L. J. (2016). Toward a formalized account of attitudes: The Causal Attitude (CAN) model. *Psychological Review*, 123, 2-22.

Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. (2018b). The Attitudinal Entropy (AE) Framework as a General Theory of Individual Attitudes. *Psychological Inquiry*, 29(4), 175-193.

Entropy reduction

- The inconsistent and instable state (high attitudinal entropy) is the natural state of an attitude
- The equivalent of inverse temperature, β = attention payed to the issue (~involvement)
- Hebb learning (what fires together wires together)
- Attention \rightarrow consistency \rightarrow learning

$$\Pr(X = x) = \frac{\exp(-\beta H(x))}{Z},$$

$$\omega_{ij}^{t+1} = (1 - d_\omega) \omega_{ij}^t + dx_i x_j$$

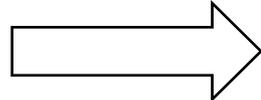
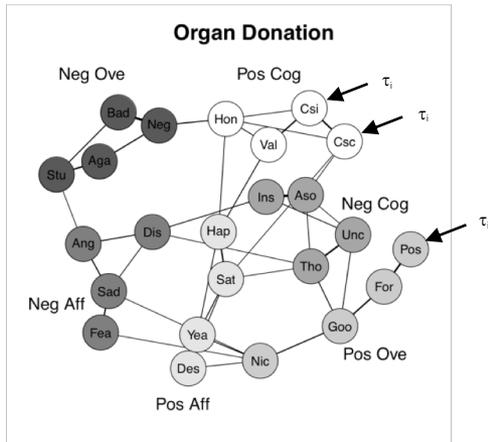
Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. J. (2018).

The Learning Ising Model of Attitude (LIMA): Entropy reduction by Hebbian learning.

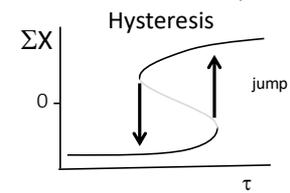
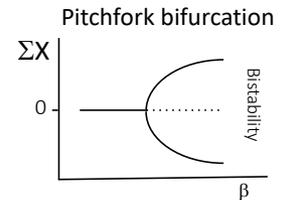
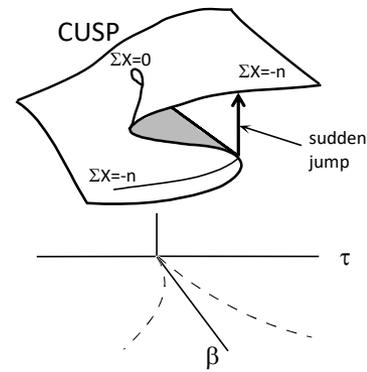
Manuscript in preperation.

Why use the Ising model?

- Is is overly simplistic, but
 - Dalege et al. (2016, 2018b): measurement theory for attitudes + applications.
 - Ising model \Leftrightarrow popular statistical models
 - loglinear model, logistic regression, collider models, and item response theory models (e.g., Marsman et al., 2018)
 - Mean field reduction to the cusp!



If not too sparse & most interaction are positive



- Pitchfork bifurcation : mere thought effect
- Hysteresis: resistance to persuasion
- Attitudes behave continuously or discretely depending on β

Details explained in:

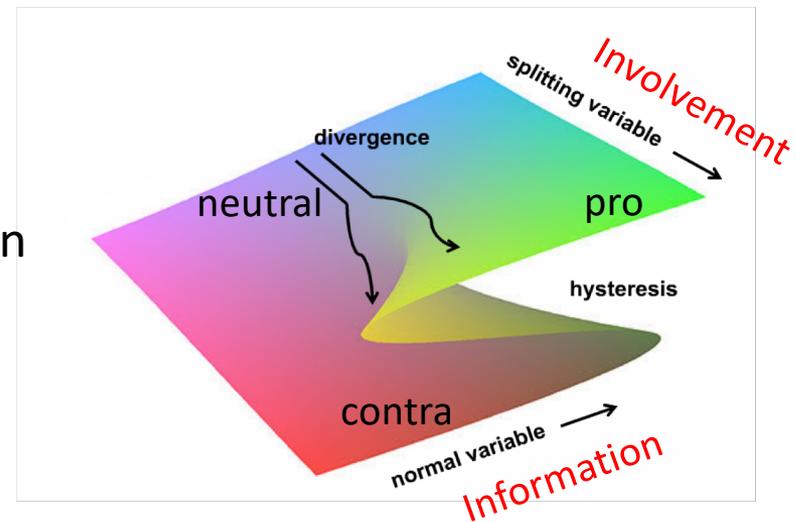
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- Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. J. (2017). **Network analysis on attitudes: A brief tutorial.** *Social Psychological and Personality Science*, 8, 528-537.
- Dalege, J., Borsboom, D., van Harreveld, F., Waldorp, L. J., & van der Maas, H. L. J. (2017). **Network structure explains the impact of attitudes on voting decisions.** *Scientific Reports*, 7, 4909.
- Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. J. (2018). **A network perspective on attitude strength: Testing the connectivity hypothesis.** *Social Psychological and Personality Science*.
- Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. J. (accepted). **The Attitudinal Entropy (AE) Framework as a General Theory of Individual Attitudes.** *Psychological Inquiry*.
- Dalege, J., Borsboom, D., van Harreveld, F., & van der Maas, H. L. J. (in prep). **The Learning Ising Model of Attitude (LIMA): Entropy Reduction by Hebbian Learning**



Within & between persons

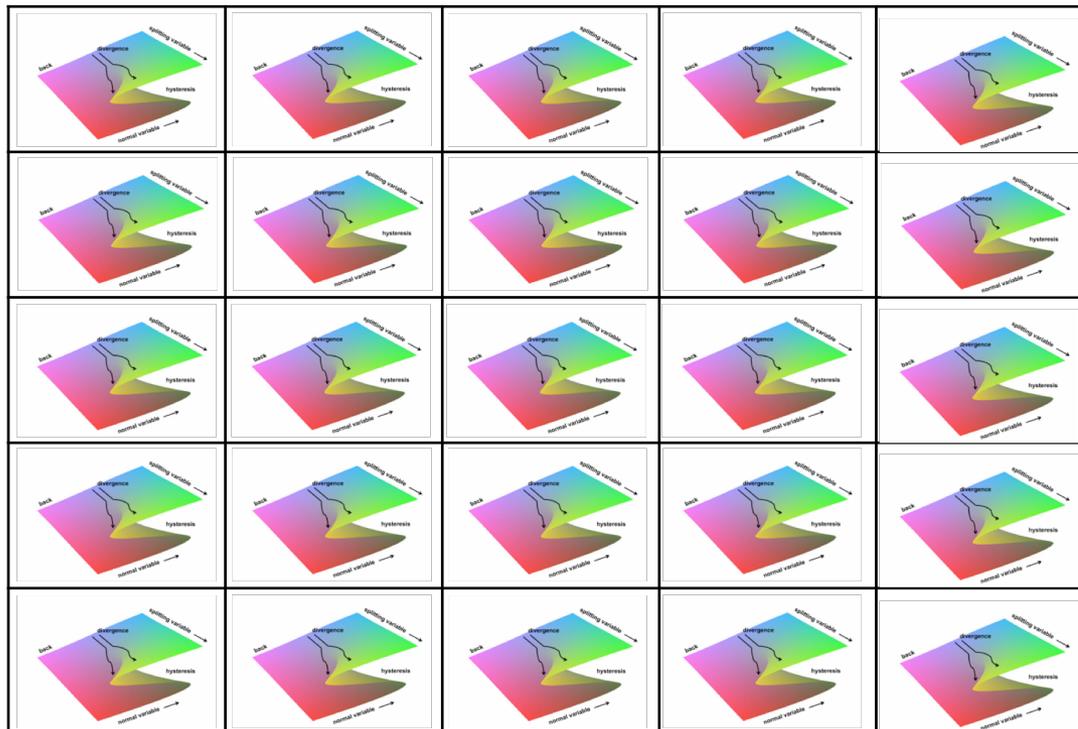
- HOM: Hierarchical opinion model
- Assume agent opinion consists of attitude networks
 - Network of networks
- Make use of mean field approximation
- Person's attitude = cusp model
 - Behavior: opinion O
 - Splitting: attention, involvement I
 - Normal: information K

note: if involvement is high agents behave discretely



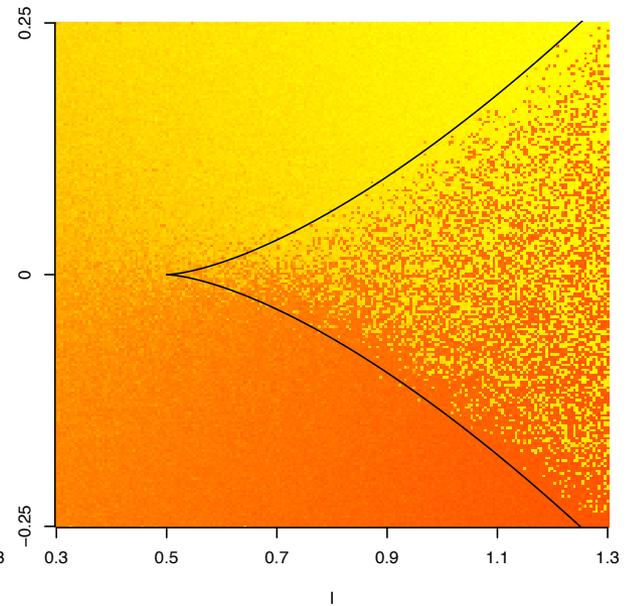
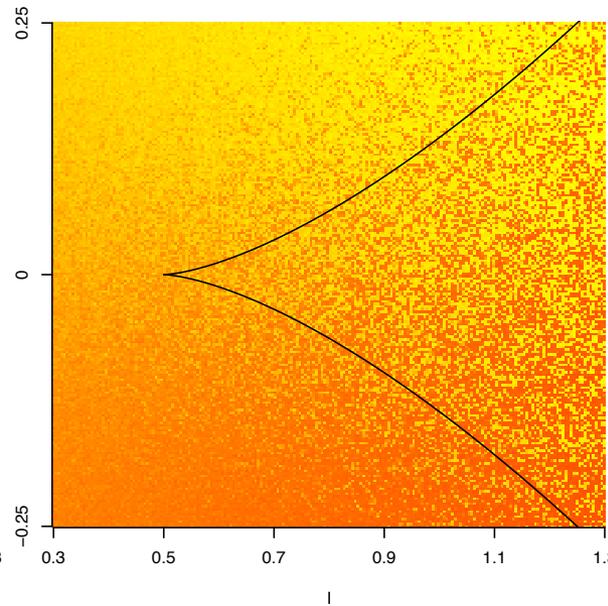
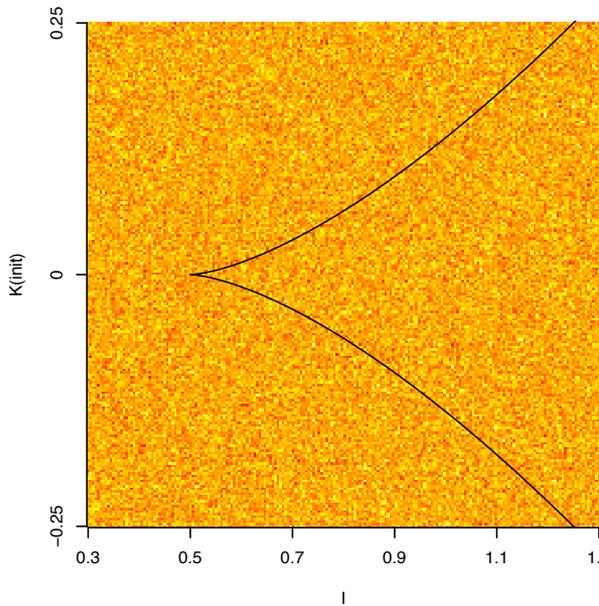
$$\text{Cusp: } O^3 - IO - K = 0$$

HOM Social Network (CA) of person networks (cusps)



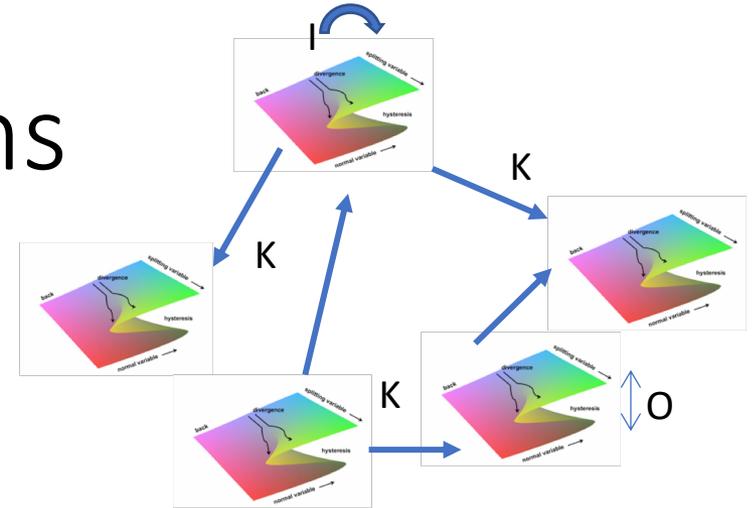
Cusp of cusps

- Involvement increases along x axis
- Information varies (-.25 to 25) at y-axis
- Involvement fixed
- Averaging information between neighbors



Dynamic assumptions

1. $P(\text{agent selection})$ depends on involvement
(asynchronous update)
2. Involvement decays
3. Involvement increases when neighbors interact
4. Averaging information weighted by involvement
5. Opinion updated according to (stochastic) cusp equation



$$p(\text{select agent}_{ij}) = I_{ij} / \sum_{i=1}^N \sum_{j=1}^N I_{ij}$$

$$dI_{ij} = -(d_i/N^2)I_{ij} + u_{ij}d_i + s_I dW_{ij}(t)$$

$$K_A = (K_A I_A^p + K_B I_B^p) / (I_A^p + I_B^p) + N(0, s_K)$$

$$dO_{ij} = -(O_{ij}^3 + (I_{ij} + I^{min})O_{ij} + K_{ij}) dt + s_O dW_{ij}(t)$$

Scenario 1: polarization

- Axelrod (1997): “If people tend to become more alike in their beliefs, attitudes, and behavior when they interact, why do not all such differences eventually disappear?”
- At one thirds of the simulation we shrink K to zero, such that we end with a population of agents with equal neutral information. At two third we shrink involvement too.

result

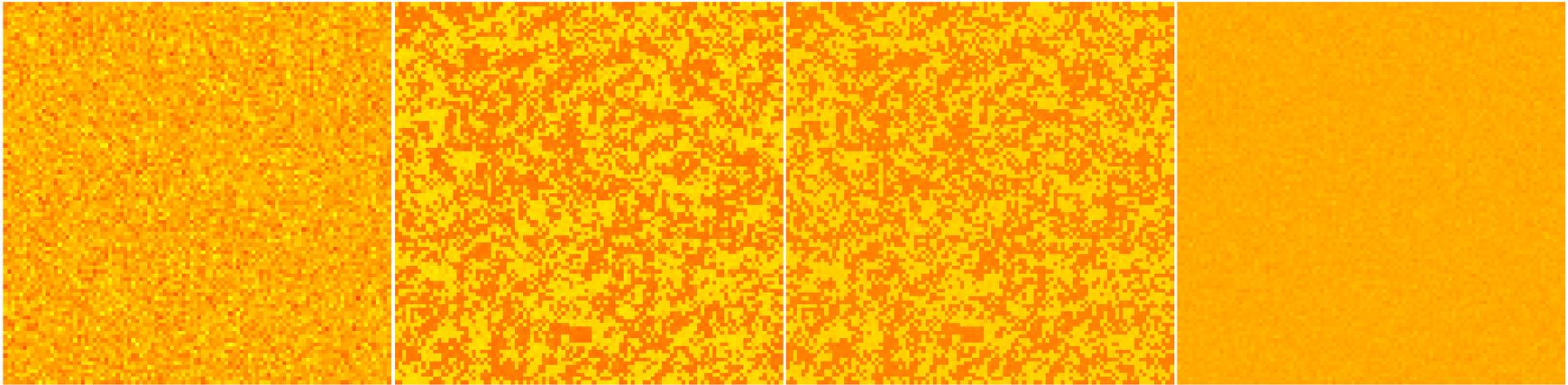
All agents same K & I

Random initial state

Polarization

Polarization

De-polarization

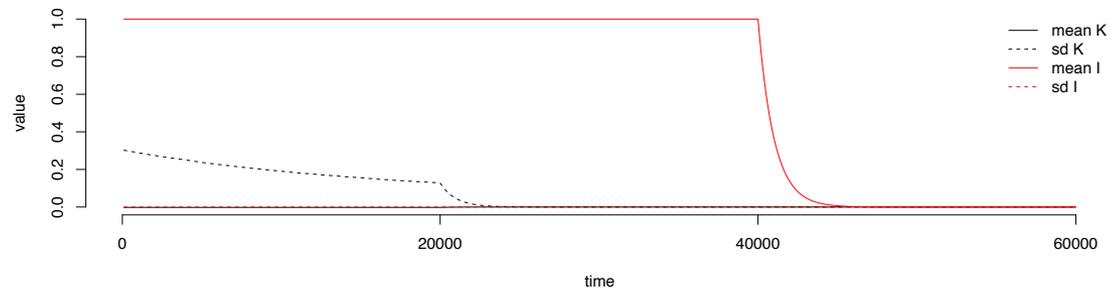


Information = random
Involvement = 1

Information = random
Involvement = 1

Information = 0
Involvement = 1

Information = 0
Involvement = 0



Scenario 2: Black Pete

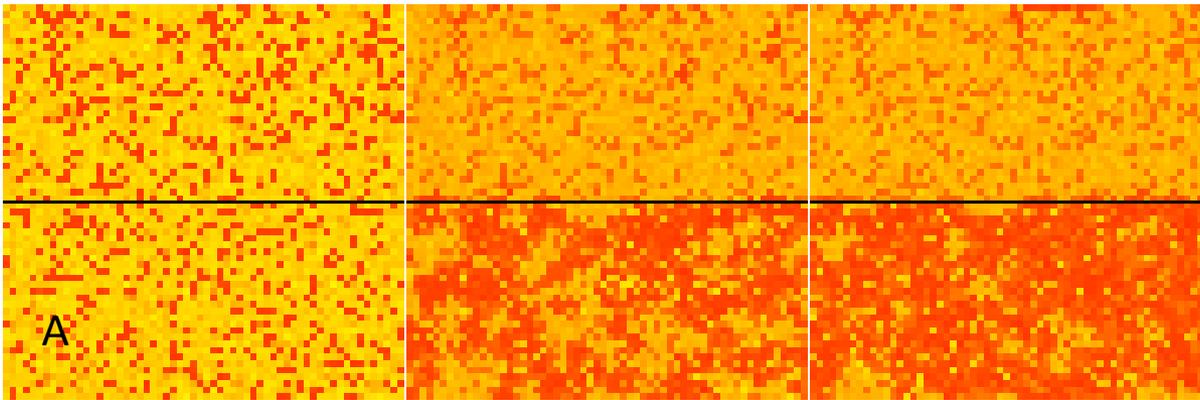
- all agents are slightly positive but not much involved at all
- some agents becomes highly involved with the opposite opinion
- Thus these agents are almost always selected for interaction
 - assumption 1
- and these agents win all debates, they copy their K to less involved neighbors (with some noise)
 - assumption 4
- What will happen?

Continuous opinion models

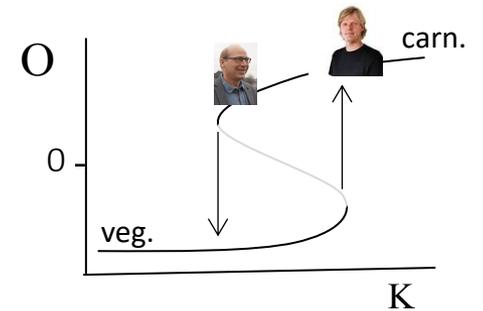
- Opinion is continuous
- Polarization:
 - Sparse network (de Groot model)
 - Susceptibility (Friedkin-Johnsen model)
 - Bounded confidence (no exchange when opinions differ too much): Deffuant–Weisbuch (DW) and the Hegselmann–Krause (HK) model
- Ho to resolve polarization in the Bounded confidence models?

“solution”

- Add ‘meat eating vegetarians’ (B)



B



Discussion

- New dynamics in sociophysics models by ‘richer’ model of agent
 - Integrates the two main branches (discrete and continuous models)
- Ising attitude model is promising
- Network approach in Psychology is booming
 - Denny Borsboom, Sacha Epskamp,
- Methodology for transition research available
- Formal complex system approach to social science is possible